

GROWTH MINDSET ACTIVITY FOR HIGH SCHOOL STUDENTS

01

IMAGINE...

If you were a fly on the wall, in any given classroom...

...that suggests a student has a Growth Mindset? What might you see them doing?

...that suggests a student has a Fixed Mindset? What might you see them doing?

02

...WHAT MIGHT YOU SEE...?

...that suggests a student has a Growth Mindset? What might you hear them saying?

...that suggests a student has a Fixed Mindset? What might you hear them saying?

03

...WHAT MIGHT YOU HEAR...?

(If your students can move around in the class) You can ask them write their thoughts down on post it notes. Next, get them to get up and stick their post-it notes under 'Growth Mindset' and 'Fixed Mindset' categories on the classroom wall, and reflect on what others have written.

(If your students can't move around in the class) You can ask them to add 'GM' and 'FM' on the top of each post it, collect them in, and feedback the common themes yourself. Alternatively, you can scrap the post-it notes and collect their thoughts into a shared Google Doc that you create with a 'Growth Mindset' and 'Fixed Mindset' column. Or you can just get them to write the 'Growth Mindset' / 'Fixed Mindset' headings in their exercise book, so they can make a list of all the good ideas that they and their classmates comes up with to reflect on.

04

WRITE & REFLECT